



# Kalāheo High School Newsletter

Issue 142 March 2015



## Schedule of Events

Now until March 17:

Shop at Foodland to benefit Kalaheo's Higher Education. Tell your cashier you want your purchase

points to go to Kalaheo High.

Got Maika'i card?

**Tuesday, March 3** ACT Exams

**Tuesday, March 3** Seniors Castle Grant Clean-Up (p.9)

**SPRING BREAK** March 16-20

**Tues., April 7** ASVAB in Library (see p. 4)

**Thurs., April 16** Nat'l College Fair Convention Center. (see p.2)

**Friday, May 1st** PTSA Teacher Appreciation Luncheon (new date)

**Sat., May 2nd** Jr./Sr PROM

**Friday, May 8th** Spring Fling 4 pm to 8:30 pm; Café; Gym.

**Tuesday, June 2nd 6:30 pm**

Class of 2015 Graduation



## Parents of 9th, 10th & 11th graders: ACT Exam

### ACT Exams

Every student in 9th, 10th and 11th grades will be taking an ACT exam on **Tuesday, March 3, 2015**. Freshmen will be taking ACT Explore. Sophomores will be taking the ACT Plan and all juniors will be taking the ACT exam.

The ACT exams are mandatory for each student and the DOE is paying for each student to take this exam.

**Please be sure that your child is at school ON TIME on Tuesday, March 3.**

Students should NOT be taken out of school early on this day for any reason, as it will affect test completion.

Your student needs to get a good night's sleep, eat breakfast before coming to school (no recess that day); and bring a four-function, scientific or graphing calculator. All cell phones should be left at home.

(If a cell phone is brought to school that day, it will be collected at the beginning of testing and returned at the end of the test.)

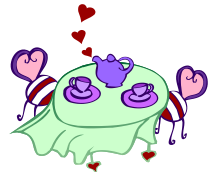
From the desk of Ray Benzing, PTSA President & Kalaheo Alum

Fellow Parents,

It's March and this school year is rapidly coming to a close.

The PTSA has two final events planned in May and we need your help.

- **Teacher Appreciation Luncheon, Friday, May 1st** Court-yard; Salads, desserts and drinks needed, as well as parents to help serve. Contact Meg [@kalaheopenc@gmail.com](mailto:kalaheopenc@gmail.com).
- **2nd Annual "Spring Fling", Friday May 8th; 4 to 8:30 pm;** Kalaheo campus; Entertainment: *Dread Ashanti*, food; craft booths; student activities; silent auction & lots of fun! Volunteers needed to help in PTSA booth; bake sale and help with setup and cleaning. Got business connections? Need donations for silent auction. All funds raised support student scholarships and PTSA programs. (see back page for details) email [ptsakalaheo@gmail.com](mailto:ptsakalaheo@gmail.com).



The Kalāheo High School Parent Newsletter is published monthly for the Kalāheo PTSA by Kalāheo High School:

730 Iliaina Street, Kailua, HI 96734-1815

For more information, contact PCNC Meg Barth Gammon at [kalaheopenc@gmail.com](mailto:kalaheopenc@gmail.com).

Please mark your calendars and *like us* on Facebook at <https://www.facebook.com/KalaheoPTSA>.

Thank you, Ray

# COLLEGE & CAREER CENTER NEWS

For the most updated information: <http://kalaheohigh.org>, click on College & Career Center

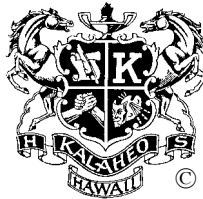
## College & Career Speakers

March 13 at 9:05 am Seton Hall University (NJ)

March 25 at 11:25 am University of Hawaii at Manoa  
ADMITTED students

April 17 9 am-10:10 am Mini Colorado College Fair in the LIBRARY. Participating schools include Colorado State, Colorado Mesa, Johnson & Wales, Regis, Univ. of Colorado at Colorado Springs, Univ. of Northern Colorado & University of Denver.

April 28 at 11:25 am U.S. Navy



Contact:  
**April Inouye,**  
**College & Career**  
**Counselor (254-7924) or**  
**email:**  
**[April\\_Inouye@notes.k12.hi.us](mailto:April_Inouye@notes.k12.hi.us)**

SENIORS! Share your good news!

If you submit a copy of your scholarship awards to Ms. Inouye, it will be published in your graduation program. Bring one! Bring all!

**Free College Planning Workshops** are offered around the state to all 9th-12th graders and their families. Sponsored by Hawaii USA Federal Credit Union and the Hawaii Association for College Admission Counseling, presentations will cover high school preparation, choosing a college, financial aid and more. Each family who attends will receive a free workbook, "College Planning - A Family Affair." Last workshop:

- March 25 6 pm Radford High School

## AP Fee Collection

Students CURRENTLY enrolled in an Advanced Placement (AP) course THIS YEAR should have received an AP Bulletin and AP Exam Fee Collection letter from one of their AP teachers.

**Taking an AP exam is an expectation of each course!**

Please submit AP exam fee payment to Ms Inouye ASAP. Students eligible for free/reduced lunch pay a reduced AP exam fee. Deadline to submit AP exam fees is March 13, 2015. After Spring Break, an additional \$50 late fee will be added to the exam fees. If you did not receive your AP exam fee letter or for exam dates, see Ms. Inouye.



## Shop Foodland for Higher Education

When you shop at Foodland, SackNSave and Foodland Farms stores between now and March 17, tell the cashier you want your purchase to benefit Kalaheo High School!

## National College Fair

The National College Fair will be held on Thursday, April 16 at the Hawaii Convention Center: 8:30-11:30 am and 5 to 8 pm. Interested in attending? Register online for your barcode at [www.gotomynecf.com](http://www.gotomynecf.com). This will be used to scan your info at each college booth.

A field trip is being offered from Kalaheo, but may be cancelled if bus is not full. (Listen to a.m. news for field trip permission form announcements).

**Hawaii Pacific University** is hosting Preview Day on Sat., March 28 from 8:30 am to noon. Students and families are invited to learn more about what HPU has to offer as well as an optional campus tour.

RSVP by calling 544-0238 or visit [www.edu/previewday](http://www.edu/previewday).



**SAT and ACT 2014-2015**

To register for either the ACT or SAT, students must create their “login” and “password” for each test. Students register online, paying with a credit card. When asked for the high school code, **Kalaheo High School’s Code is 120143 for both tests.** Students are encouraged to send their scores to four colleges for free at the time of registration. Scores released AFTER testing may incur a cost per each release.

**NEW- For both the SAT and ACT, you must upload your headshot photo AT THE TIME OF registration. Read the instructions to ensure the correct type of photo.**

Fee waivers are available to juniors and seniors who are eligible for free/reduced lunch. Be sure to submit the necessary paperwork with Kalaheo High School to determine your eligibility. See Ms. Inouye in H-208, if you have any questions.

**SAT: Reasoning Test & Subject Tests**

website: [www.collegeboard.org](http://www.collegeboard.org)

<u>Test Date</u>	<u>Registration Deadline</u>	<u>Late Deadline (add'l fee)</u>
March 14, 2015	February 13, 2015	February 14-March 3, 2015
May 2, 2015	April 6, 2015	April 7-21, 2015
June 6, 2015	May 8, 2015	May 9-27, 2015

**ACT Assessment**

website: [www.actstudent.org](http://www.actstudent.org)

<u>Test Date</u>	<u>Registration Deadline</u>	<u>Late Deadline (add'l fee)</u>
April 18, 2015	March 13, 2015	March 14-27, 2015
June 13, 2015	May 8, 2015	May 9-22, 2015

**Native Hawaiian Scholarship**

The Na Hookama a Pauahi Scholarship (need based) application opened Jan. 2, 2015.

Eligibility requirements: Hawaii resident; full-time enrolled student; degree seeking student at an accredited post-high school educational institution; meet funding guidelines & demonstrate financial need (through CSS profile).

Deadline for appl.: April 20, 2015.

Info & to complete appl: [www.ksbe.edu/finaid](http://www.ksbe.edu/finaid).



Looking for help with your studies?

Before school:

- Classrooms D-101: Math (7:30 to 7:55 am)
- D-104: Study Hall (7 am to 7:55 am)

After school til 4 p.m. Monday to Friday...  
D-101 (Math) & D-104 (Study Hall)

*Mahalo nui to the special teachers who provide these services!*

**ASVAB**

Students in grades 10, 11 and 12 who are interested in enlisting in the military after high school should sign up for the Armed Services Vocational Aptitude Battery (ASVAB). The ASVAB will be held Tuesday, April 7, 2015 at 8:00 am in the Kalaheo Library. Kalaheo is an Option 8 school, which means that ASVAB scores will not be released to any military branch without prior consent. Students - come to H-208 to sign-up. Deadline is Tuesday, March 24th.

Calendar/Bell Schedule March 2015

Date	Day	Schedule	Periods	Release Time
03/02	Monday	MODIFIED	1-5	1:45
03/03	Tuesday	MODIFIED	ACT TESTING	1:30
03/04	Wednesday	MODIFIED	6-4	2:45
03/05	Thursday	MODIFIED	5,6,7,1,2	1:45
03/06	Friday	MODIFIED	3,4,5,E,6,7	2:45
03/09	Monday	5A	1-6	2:45
03/10	Tuesday	5B	7-4	1:45
03/11	Wednesday	5C	5-3	2:45
03/12	Thursday	5D	4-1	1:45
03/13	Friday	5E	2-7	2:45
03/16-20 ----- SPRING BREAK -----				
03/23	Monday	4A	1-6	2:45
03/24	Tuesday	4B	7-4	1:45
03/25	Wednesday	4C	5,6,P,7,1,2	2:45
03/26	Thursday	N	KUHIO DAY	
03/27	Friday	4D	3-7	1:45
03/30	Monday	5A	1-6	2:45
03/31	Tuesday	5B	7-4	1:45

**Kalaheo PTSA Scholarship** applications will be available **Monday, March 2** in Ms. Inouye's office in the College & Career Center. All Kalaheo seniors planning to further their education after graduation are invited to apply. Supporting documents and a personal interview are required. **Deadline is Wednesday, April 15, 2015** at 3 pm. For more information contact Andrea Farleigh at [ptsakalaheo@gmail.com](mailto:ptsakalaheo@gmail.com).



I'm With The



BND

Kalaheo Mustangs Band Boosters

Next meeting of **Band Boosters**: Monday, March 9 6 pm  
Kailua Town McDonald's.

*Parents of band members wanted for Band Boosters!*

This year, only 18% of our band families are Band Boosters.

If you are a band family who hasn't joined --please join today. Membership is \$25 per family and forms can be obtained from Janet Rupp at [ruppjanet\\_hawaii@yahoo.com](mailto:ruppjanet_hawaii@yahoo.com).

**Boston Pizza's Fundraiser**

Contact Janet Rupp (see email above) or any band member to buy Boston Pizza certificates for \$20 (retail value \$30). One certificate buys one pizza with 5 toppings. This deal is better than the military discount. No limit to number of certificates redeemed at one time. Two locations for Boston's in Kailua: Aikahi Shopping Center and Hoolai Street. This deal is good until the end of the school year!

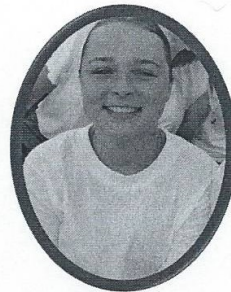
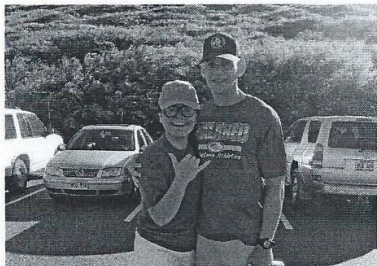
# KALAEHO NJROTC NEWSLETTER

Upcoming Events:  
 March 1<sup>st</sup>- National Academic Competition  
 March 2<sup>nd</sup>- Ship Visit  
 March 16-20 Spring Break  
 April 18-19 Waianae Adventure Challenge



Great Aloha Run  
 On February 16<sup>th</sup> (President's Day), thirty cadets from our unit participated in the annual Great Aloha Run. Kalaheo NJROTC is the only non-military entry that is allowed to run with all active duty units as part of the Sounds of Freedom. The cadets ran the first two miles in platoon formation and completed the remainder of the 8.15-mile course in groups. Our cadets had an exhilarating time participating in this year's event. Each cadet received a finishers t-shirt for their effort.

Pacific Rim Drill Championships  
 Our drill season came to an end with teams competing in the Pacific Rim drill championships on February 28. Our cadets have been working to perfect their team's drill routines and they have dedicated themselves to practices held throughout the year, after school and on weekends. Their countless hours of practice were evident throughout the competition as Kalaheo was one of the top schools in the overall scoring. Congratulations to all drill team members!



CO'S CORNER  
 Aloha, Kalaheo! Thank you to all of the mighty mustang cadets who participated in the Great Aloha Run, and Pacific Rim Drill Meet. We tried our hardest, worked together, encouraged each other, and had a lot of fun as a team, all while bringing success to our ROTC unit! Great job to our dedicated cadets on the drill and sops teams, our two Cadet of the Month awardees, and our hard-working staff members. Let's finish out this year strong. Hoorah, Mustangs!

Cadet of the Month  
 Each month one upper-classman and one under-classman is nominated by their platoon commander for the Cadet of the Month award. Nominees must have excellent grades, which include receiving outstanding scores for all uniform inspections and Flag Ceremonies. Additionally, cadets must display a high-degree of dedication and self-discipline in their conduct and performance throughout the month. Congratulations go out to Cadets Julia Boykin and Angel Martinet. These cadets received medals for the month of February for their outstanding dedication, and for displaying a high degree of citizenship as well as being excellent role models. Job well done!

**March 2015**

**LUNCH**

**Menu Subject to**

**Change**



Kalāheo's eScrip needs your help!

Do you shop at Safeway?

If so, you have an eScrip card:

Go to

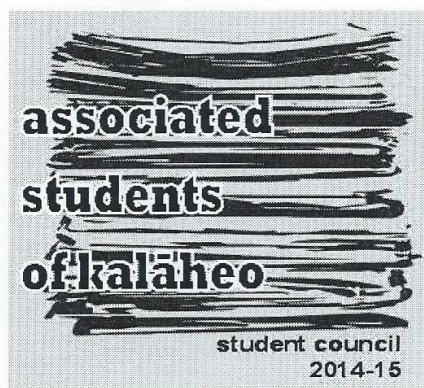
[www.escrip.com](http://www.escrip.com) click on "sign-up"-

-follow instructions to register your grocery card. Please include Kalaheo as the school you want your contributions to support. Easy!

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>
<b>2.</b> <i>Breaded Chicken Nuggets on Shredded Cabbage / BBQ Sauce Steamed Rice Garden Salad Pine Chunks &amp; Whole Banana/</i>	<b>3.</b> <i>Wiener in the roll Baked Beans Potato Rounds Garden Salad Carrot Sticks Apple, Orange Ketchup Pkg</i>	<b>4.</b> <i>Creole Macaroni Garden Salad Dressing Banana / Fruit Juice French Roll</i>	<b>5.</b> <i>Turkey Pastrami on bun w/ Cheese Lettuce / Tomato Corn Chowder Banana / Fruit Juice</i>	<b>6.</b> <i>Roast Turkey w/ Gravy Mashed Potato Broccoli &amp; Carrots Sticks Ranch Dip Pine Chunks &amp; Orange Wedge Roll</i>
<b>2.</b> <i>Breaded Chicken Nuggets on Cabbage w/ Sauce Steamed Rice Garden Salad Pine Chunks / Banana</i>	<b>3.</b> <i>Cheese Nacho w/ Salsa Sauce Garden Salad Ranch Dressing Corn Bread</i>	<b>4.</b> <i>Teriyaki Chicken Strips w/ Saimin noodles Egg Roll Toss salad Diced Pears &amp; Whole Orange</i>	<b>5.</b> <i>Cheeseburger Lettuce &amp; Tomato Potato Rounds Garden Salad Fresh Melon Whole Apple</i>	<b>6.</b> <i>Oriental Chicken on Cabbage Steamed Rice Broccoli &amp; Carrots Garden Salad Fruit Juice Pine Chunks / Roll</i>
<b>16.</b> <b>Spring</b>	<b>17.</b> <b>break</b>	<b>18.</b> <b>This</b>	<b>19.</b> <b>Week</b>	<b>20.</b> <b>No school</b>
<b>23.</b> <i>Breaded Chicken Strips on Shredded Cabbage /BBQ Sauce Steamed Rice Broccoli / Carrots Garden Salad Applesauce &amp; Whole Orange / w/w Roll</i>	<b>24.</b> <i>Soft Taco Shell w/ Sour Cream Lettuce / Diced Tomato Potato Rounds Garden Salad Whole Banana &amp; Pine Chunks</i>	<b>25.</b> <i>Corn Dog Ketchup / Mustard Potato Rounds Baked Beans Garden Salad Whole Banana &amp; Sliced Peaches</i>	<b>26.</b> <b>Kuhio Day</b>  <b>NO SCHOOL</b>	<b>27.</b> <i>Kalua Pork Steamed Rice Lomi Tomato Pine Chunks Portuguese Sweet Roll</i>
<b>30.</b> <i>Breaded Chicken Nuggets on Shredded Cabbage / BBQ Sauce Steamed Rice Garden Salad Pine Chunks &amp; Whole Banana/</i>	<b>31.</b> <i>Creole Macaroni Garden Salad Dressing Banana / Fruit Juice French Roll</i>	<b>*Happy Girls Day on</b>  <b>March 3 2015</b>		
<i>If you feeling depressed about yourselves or you have a family crisis or any type of problem there's a HOT LINE that you can contact for assistance at 833-3100.No question asked!</i>		<b>Always buckle-up Your seat belts. It Can save your live.</b>		<i>Don't drink &amp; drive and speed during the busy Month of March 2015. We want to keep our love Ones save with their families.</i>

In accordance with Federal law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability.

To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, Room 326-W, Whitten Building, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (202) 7205964 (voice and TDD). USDA is an equal opportunity provider and employer.



# NEWS BULLETIN

March 2015

## Students Pledge to Be Drug Free 24/7/365

Kalaheo celebrated Drug Free Week from February 2-6. The theme was "Be Drug Free 24/7, 365," encouraging students to find better things to do than drugs.

Drug awareness activities were held throughout the week during lunch. Students and faculty pledged to be drug free by identifying one thing they do instead of drugs. Various athletic teams and club members signed banners pledging to be drug free. Participants received red ribbons to wear during the week.

Students also suited up in a padded sumo wrestling suit for the Sumo Challenge against classmates. "The Sumo Challenge was fun," said JaNa Craig, "I am a competitive person." The Sumo Challenge was sponsored by the Hawaii National Guard.

The Drug Free Assembly was held on Thursday, February 5th. Guest speakers and performers shared their talent and spoke about their passions. Athletic trainers Rockwell Fujino and Chad Ikei brought local football players preparing for the NFL draft. They spoke about their experiences and how drugs can shatter dreams.

Successful Broadway and international performer Cheri Nakamura sang and spoke about

her passion for music. She is also passionate about improving public Education in Hawaii as the director of the Coalition Hui for Excellence in Education.

Members of Diverse Arts wowed the audience with their skillful hip-hop dance performance. Nicole Kealoha, director of the group, encouraged students to find their passion.

The assembly also featured student performers including our Kalaheo Band and NJROTC. Freshman Talyn Moe played the ukulele and sang an inspirational song. Natalie Frank, Leah Bouthiette, Sheridan Wilkerson and Nicholas Andrade concluded the assembly with their rock performance.

Following the Drug Free Assembly, Members of the Hawaii Meth Project passed out bracelets and spoke to students about the dangers of meth. Kalaheo students Lauren Nahale and Michael Logan Jordan are members of the Hawaii Meth Project Teen Advisory Council.

Drug Free Week ended with free ice cream treats for students who posted their drug free pledge on social media. Students and staff also wore red to take a stand against drugs.



## ASK CALENDAR

### MARCH

- 3 ACT Testing Day  
Senior Service Project
- 4 Student Council Meeting, 3-5pm
- 5 Student Senate Meeting, period 7
- 6 Color Day Assembly  
Organization of Clubs Meeting, 3-4pm
- 18 ASK Social: Dinner & Opera
- 24 Special Assembly
- 25 Student Council Meeting, 3-5pm
- 28 Freshman-Sophomore Dance, Aloha Ballroom  
@ Pali Golf Course, 5:30-9:00pm
- 30-31 Spring Spirit Week  
Prom Ticket Sale for Seniors only, after school

### APRIL

- 1-2 Spring Spirit Week
- 1 Spring Assembly  
Prom Ticket Sale for Juniors only, after school
- 2 Student Senate Meeting, period 5  
Prom Ticket Sale for Jrs & Srs, after school
- 6 Organization of Clubs Meeting, 3-4pm
- 8 Student Council Meeting, 3-5pm
- 10 WDSC Service Project: Preschool Play Day
- 20 Windward District Student Council Meeting
- 22 Student Council Meeting, 3-5pm
- 27-30 Military Appreciation Week

**Associated Students of Kalaheo High School**  
 730 Iliaina St., Kailua, HI 96734, (808) 254-7909  
<http://kalaheohighschool.blogspot.com>  
 email: kalaheomustangs@yahoo.com

Jessica Dickerson, President                      Lauren Nahale, 1<sup>st</sup> Vice President  
 Marlowe Wilson, 2<sup>nd</sup> Vice President              Austin Maglinto, Rec.Secretary  
 Alyssa Reyes, Cor. Secretary                      Sarah Benzing, Treasurer  
 Mr. Richard Lau, Student Activities Coordinator



**Aloha Ballroom @ Pali Golf Course**  
**Saturday, March 28, 2015**  
**5:30pm-9:00pm**

**\$25 for Freshman/Sophomores**  
**\$30 for Guests**

**Tickets on sale from March 2-6**  
**during recess and lunch in C102.**

## WINTER WRAP-UP

- Winter Spirit Week held on December 8-12
- Frozen Sing-a-long event was a huge success.
- Sarah Benzing won the Ugly Sweater Contest.
- A Holiday Tea Fundraiser for staff was held.
- Period 1 classes adopted 12 children for the Salvation Army Angel Tree Project.
- A Winter Leadership Workshop was held.

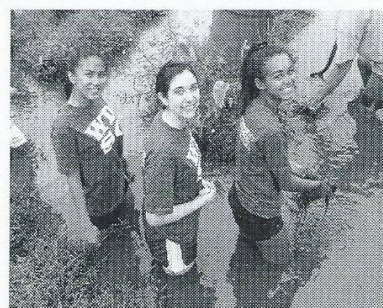


### **Kelly Segal recognized for SSC**

The Secondary Student Conference was held from November and February. Students across Oahu gathered to address student concerns. Kelly Segal led her issue group and completed the program.

### **WDSC Members Volunteer at Lo'i**

Windward District Student Council members Alyssa Reyes, Marlowe Wilson, and Jessica Dickerson cleared out weeds at Kapalai Farms.







- Going to Prom? Get your tux from Celebrity Tuxedo at Sears/Windward Mall--tell them you are a Kalaheo student and PG gets a donation.
- Sign up for PG (below) if you haven't already and save \$200.
- Castle Grant Clean Up: make sure your senior attends this event on March 3, 2015. Castle Foundation will donate money for each student showing up.
- Project Grad *Go Fund Me* site: "Go Fund Me" is an online site where friends & family can donate to Project Grad: <http://www.gofundme.com/kalaheohs2015>

## Kalaheo Project Graduation 2015

### Early Bird Sign Up! \$150 due by March 31, 2015 (that is a \$200 savings)

**What is Project Graduation?** It is an all night, adult chaperoned, drug and alcohol-free celebration for graduating seniors in a safe and fun environment. It starts right after graduation and ends the next morning.

*Seniors and parents of seniors...* WE NEED YOUR HELP! All seniors and families enrolling are expected to participate in fund-raising efforts. Otherwise, parents will pay the entire cost of the event (approx. \$350 each). For the Project Grad Planning Committee, we are looking for a registrar, treasurer, party planner, fundraising chairpersons.

*All other parents...* please feel free to join us this year to learn more about Project Grad. We welcome you to sit in on a planning meeting or join us for one of the fundraisers.

Please complete the form below and have your student turn in to Mr. Pregitzer or Ms. Koopman or turn into the office: Attn: **2015 Project Graduation Committee**, or mail to Kat O'Malley, 251 Ilihu St, Kailua 96734). **Make Checks out to: Kalaheo PTSA.**

1. Student Name: \_\_\_\_\_
2. Parent Name(s): \_\_\_\_\_
3. Parent Cell #: \_\_\_\_\_ Do you text? Y  N
4. Home Phone: \_\_\_\_\_
5. Parent(s) Email: \_\_\_\_\_
6. Parent Home Address: \_\_\_\_\_
7. Student T-shirt Size: SM  MED  LG  XL  2XL
8. Parent(s): I volunteer for:
 

<input type="checkbox"/> Project Grad Committee	<input type="checkbox"/> Fundraising Event
<input type="checkbox"/> Requesting Community donations	<input type="checkbox"/> Other _____



Questions? Contact Kathi or John O'Malley at 375-1298 or 372-6018 or email: [KalaheoProjectGrad2015@gmail.com](mailto:KalaheoProjectGrad2015@gmail.com)

# Free money? *No such thing!*



Yes, that's what I said...

Mom and Dad always said "you don't get something for nothing."

But you **do** get something for doing the right thing and being smart.

In this case - it's both.

- Are you shopping at Safeway? Then you have an escrip card (or phone # to link you)
- Are you signed up for escrip to benefit Kalaheo's PTSA?
- **Do it:** [www.escrip.com/howitworks](http://www.escrip.com/howitworks)

**Kalaheo's PTSA** needs your escrip dollars, what you earn just for just shopping.

- Got escrip? Please pay by debit, cash, EBT, gift card...but **NO** credit cards. Safeway won't give us free money for purchases using credit cards.



## Student & Staff of the Month March



### Alohilani Zapata

- Grade 10
- Member of Student Council and chairperson of Orientation Committee
- Volunteers in various things at her church including youth ministry
- Always positive and encouraging
- Hard working and determined

### Crystal Stafford

- Science Teacher
- Science Club Advisor
- Participates in science community services
- Available before and after school to assist students
- Very respectful to students

*Nomination forms are available in the front office or in the Student Activities Center (C102). Forms must be submitted by the 15<sup>th</sup> of each month by the nominator (students or staff).*

**Mahalo to Krazy Karaoke, Fun Factory, and Glow Putt Mini Golf for sponsoring the March Student and Staff of the Month.**

**Mustang Trivia:** Swim Team "Coach T" (Fred Tester) who assists Coach Peggie Tester and is also her father, was the first Kalaheo High Swim Coach in 1974. Fred will be inducted into Hawaii's Swimming Hall of Fame this October, 2015.



"Girls 400 yard Free Relay Team" (left to right, Alexa Anderson, Jr.; Alyssa Reyes, Soph; Fiona Gimon, Jr.; Hannah Drake, Jr.)



**Kalaheo Boys Soccer**

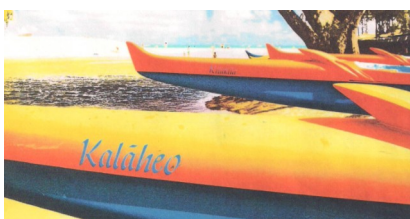
Congratulations! The Boys Soccer team earned a berth in the HHSAA State Soccer Championship Tournament with a 4th place finish in the OIA League playoffs.

The team traveled to Maui for first round games vs Punahou and Moanalua on Feb. 20 & 21. Though they lost both games, the team represented Kalaheo with outstanding competitive play & exemplary sportsman.

Coach John Nakagawa

*OIA Championship Swimming Finals:*

- Girls 400 Yard Free Relay Finals: The four girl relay team (pictured above) placed 3rd in B Category and 9th Overall. All had personal bests for their times.
  - Girls 400 Yard Breast Finals: Alyssa Reyes placed 3rd in B Category and 9th Overall.
- The Boys 200 Yard Medley Relay and 200 Yard Free Relay also qualified for Finals.



Congratulations to our paddling teams:

Varsity Boys, Girls and Mixed crew qualified for the State Championships.

Varsity Boys took 2nd place!



Congratulations to our wrestlers who qualified for the OIA Championships!

Placing in the East Championships were Brian Smith, 3rd; Kody Barbadillo, 5th; Marcus Payne, 5th; Matt Jalomo, 7th; Malia Manuel, 2nd; and Jeanine Leong, 4th.

**PlayPositive for Parents**

Teach your child to shake opponents' hands and to thank coaches and officials after every game, win or lose. And model it by doing the same yourself.

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Senior Parents:

The Kalaheo Yearbook will have one "I love you" ad page this year for parents to commemorate their senior's graduation. (This page will be divided into four ads.)

Two quarter-page ads are left @ \$50.00 each.

Email Mrs. Shaffer at

*christina\_shaffer@notes.k12.hi.us* if you are interested. You can supply two photos and wording for your child's message.



2nd Annual

# Spring Fling 2015

"Dollars for Scholars" needs your help for its annual "Spring Fling".

Date: Friday, May 8th

Time: 4:00 pm to 8:30 pm

Location: Gym & Café Kalaheo

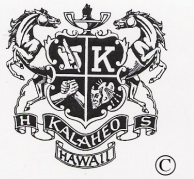


This event raises money for the PTSA Scholarship Fund/PTSA. The event will have food, tents; crafters; a silent auction; entertainment: Dread Ashanti and a student dodge ball tournament.

We need: crafters, food trucks, items for the silent auction, student artwork; photographs, and entertainment. Please email: [ptsakalaheo@gmail.com](mailto:ptsakalaheo@gmail.com) to participate.

Items needed as donations or loaned:

Silent Auction items	coolers
bottled water	caution tape
Aloha or Hawaiian Sun juices	heavy duty trashbags
baked goods	
tables	
tents	



**Kalaheo High School**

730 Iliaina St.

Kailua, HI 96734-1815

Phone: 254-7900

**Nonprofit Org.**

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**Kailua, HI**

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March 2015